

# Tea or Coffee. What is your choice?

Are you a tea drinker or do you prefer coffee or something else?

Morning Coffee is a must or when meeting a friend at the local coffee shop when we want to chat is my choice.

Hot herbal tea when I need to unwind or when reading a book.

NO Soda for me.

Ice tea if the weather is warm . No sugar added.

I buy my teas from [Plum Deluxe](#). I highly recommend them.