

# Starting to Post Blogs July 2020

1. It's time. I have been pretty quiet and avoided in having public posts and information. It's time for me to un-park this site and return to what is important and to start giving back and sharing information again. It's been two years since my accident and feeling like I did not want to even be alive. My life has changed significantly and it's been a struggle to accept my "new normal" and that things will never be the same again. It's time for a change and mental shift. I've changed and the world has changed.
2. I am going to start to blog again and offer help to others as a virtual assistant, web developer, and technical trainer. Who knows – I might even be able to earn some income from my knowledge, experience and skills. I found I really missed teaching and coaching others and missed the feelings that I had when someone learned something new and missed seeing their success.

Credit for photo – from one of my favorite sources of unique gifts sources. I have a thing for cats, dogs, and animals. This has been on my wish list for a long time. **Signals** ([www.signals.com](http://www.signals.com)) offers "Gifts that Inform, Enlighten, and Entertain". We present a vast selection of creative items that reflect the themes of Public Television – History, Nature, Education, Science, Art & Music. These are quality items that invoke thought and discussion. Our selection inspires continued learning.