

#Just Show Up -What it means to me for 2020

Life has changed significantly for me. I am recovering from a traumatic brain injury (TBI) from an accident and then six months later had a stroke so my life has changed a great deal. The world has changed as well and the tech world is not the same. I am attempting to “just show up” to determine if I can return to my passion of working as a freelance web developer, tech trainer and virtual assistant. I had to learn to walk, talk, and do daily living tasks, not just once but twice. I had to shut down all of my web sites, social media accounts, and courses due my disability. Now I am wanting to “just show up” more publicly.

I know that I have knowledge and skills to offer to the world. I care are about giving value to others and helping others. I know that I can be of service to others. I just have to take things in very baby steps to rebuild my life and business. I am going to start by “just showing up” and doing the best that I can as I recover and figure out what my new normal is. I am facing my fears and letting go of beliefs that no longer are important.